HOTLIST

Winter/Spring 2017

Community Outreach Opportunities to Serve

Attention Homes

Contact: Alex Bergland, Community Resource Manager at abergland@attentionhomes.org or 303.447.1206 ext. 100
Address: 1443 Spruce Street, Boulder, CO 80302

Attention Homes is a safe resource for youth in crisis providing shelter, structure, and access to crucial service so that homeless and displaced youth can become stable, independent members of our community and achieve their potential. We offer two programs to support youth in crisis:

Runaway and Homeless Youth Program: Providing services to youth ages 13-20 in the Overnight Shelter and youth ages 24 and under in our Day Drop-in and Street Outreach.

Adolescent Residential Care Program: Providing abused, neglected and troubled youth ages 12-18 with temporary residential care in a safe, structured and licensed, home-like setting. We have many volunteer opportunities to choose from (drop in care, food prep and cooks, meal donors, and street outreach, event and development jobs, tutoring, life skill classes, maintenance and physical projects for groups and a wish list for in-kind donations should you want to plan a donation drive. Church youth groups, families with children under the age of 18 can provide a meal, sponsor a donation drive, and make sandwiches and/or burritos for our Street Outreach program.

For the confidentiality of the youth we serve, volunteers must be at least 18 years of age and out of high school to work directly with the youth we serve.

Audio Information Network of Colorado

Please visit: www.aincolorado.org to complete a volunteer application

Contact: Kat Lindgren, AINC Director of Volunteer Services 303.786.7777 x103 or kat@aincolorado.org

Volunteer Readers: Looking for volunteers that love to read. Volunteers need to be able to clearly read ink print materials (**mostly regional newspapers**) for on-the-air audio broadcasts, to blind, visually impaired and/or print disabled Coloradoans. Enjoyment in reading and the ability to read with enthusiasm is a must. Familiarity with computers, and web content required. Studio hours are variable: M-F 7:30 am - 5:00 pm & 8:00 am - noon on Saturday and Sunday. Commitment requirement: 2 hours/wk. Volunteer audition, orientation and training to learn procedures and use of equipment.

Volunteer Weekend Staff: Looking for Volunteers that wish to learn more about audio production and the running of a broadcast studio. This is currently a weekend volunteer fill-in position covering for regular weekend volunteer staff between 8AM - Noon on Saturday or Sunday or both. Ideal candidate or candidates will be trustworthy, reliable, responsible, consistent, as well as eager learners, with a good understanding of computers and willing, and able to learn operational procedures, how the recording software works, how 'live' broadcasts works, and are available during the scheduled weekend studio hours. Volunteer will be responsible for opening the studio first thing in the morning, as well as locking up at the end of the shift; Getting live broadcast readers on the air, and offering technical support to volunteers that come in on the weekend to record.

Volunteer Outreach and Committee work: Volunteers needed that wish to learn more about AINC and are interested in helping with community outreach and various fundraising activities. Training is provided. Individuals must be self- starters with a skill and desire to do outreach and fundraising work. Need email address for ease of contact. Commitment requirement varies with projects. Please specify area of interest when contacting us.

Boulder County AIDS Project (BCAP)

Contact: Sarah Annecone, Volunteer Coordinator sarah@bcap.org, 303.444.6121 ext. 109 or 303.444.7181 (our Spanish phone line). You may also visit www.bcap.org for general information about the agency and http://bcap.org/get-involved/volunteer/ for information specific to volunteering with BCAP.

The Mission of Boulder County AIDS Project (BCAP) is to provide support, advocacy and education to those in our community who are living with or affected by the Human Immunodeficiency Virus (HIV) and to serve as an outreach and information center to prevent further transmission of HIV and the resulting Acquired Immune Deficiency Syndrome (AIDS).

In 2017, BCAP will offer volunteer training in spring, summer and fall; this training is required for many of our volunteer positions. There are always ways to help year-round however, to raise awareness of HIV/AIDS and some specific opportunities that do not require the training.

Boulder County Department of Housing & Human Services

Contact: Debbie Ramírez, Volunteer Office Program Coordinator at 303.441.1430 or dramirez@bouldercounty.org. Please visit: BoulderCountyVolunteers.org for more information.

Foster Parent Helper (On-Going Volunteer Role): Be a special friend to a foster family by offering a few hours a week of time, support, errands or whatever might be needed.

Casa de la Esperanza Learning Center (Ongoing Volunteer Role): Spend 2 hours/week being a mentor or tutor and provide afternoon/evening tutoring and academic support to youth residing in migrant housing community in Longmont. Robotics Volunteers and Special Events Volunteers are also needed.

Boulder Outreach for Homeless Overflow (BOHO)

For more information, please visit our website at www.boulderboho.org.

The mission of BOHO is: To meet, as a community, the emergency needs for basic shelter and care not served because of gaps in the Boulder support network.

BOHO positions itself as "The safety net for the safety net," providing basic services that are otherwise unmet for Boulder's homeless residents. BOHO's primary goal is to initiate and/or to maintain services related to gaps in shelter resources for our homeless in Boulder.

Boulder Shelter for the Homeless

Please visit our website @ www.bouldershelter.org

Our mission is to provide safe shelter, food, support services and an avenue to self sufficiency for homeless adults in our community. On our website you can find a list of community resources for the homeless population, shelter services available and current volunteer opportunities.

Bridge House

Contact: Scott Medina at Scott@BoulderBridgeHouse.org or 720.235.6050

Mission: Bridge House is here to provide a stable, supportive community for homeless men and women. We are committed to addressing immediate survival needs and to providing services which lead to employment, housing, personal stability and healing. Bridge House is a non-profit day shelter, which is open year round from Monday-Friday from 9am-3pm. We provide meals, support groups, bus tokens, computer use, phone access, free voicemail and many other case management services such as assistance in housing and job search to homeless adults in the city of Boulder. Our new Ready to Work Program, and Internal Client Intern Programs, provide stepping-stones for our clients to establish full-time employment, which includes more extensive case management and paid hourly positions.

Kids Give Back: If you have kids under 14 years old, please join up in our special kids club, where we offer a new project each month for them to participate in. Please go to http://boulderbridgehouse.org/kids-give-back/ to find out more information and join us!

Wish List: Ongoing needs include: bicycle locks and helmets (adult sizes only), bicycles, backpacks, tents, wallets, lip balm, hotel size toiletries, antacid tablets, shoelaces, hair clippers, and office supplies. A special need recently has been for eyeglasses, both prescription and reading. If you have items for donation, please email Scott@BoulderBridgeHouse.org to arrange for a drop-off time.

Volunteers: This is an excellent opportunity to look deeply into the heart of homelessness. Volunteer shifts are available on week days between 8:30 am-11am and 11am-1:30pm to prep and serve food to our clients. Other volunteer opportunities are available for: community outreach projects, hairdresser to cut hair for our clients, join one of our Board subcommittees, such as fundraising and special events, phone callers to help make thank you calls to our donors, drivers to pick up food from local restaurants.

Circles Campaign

Contact: Jessica Austin, Circles Program Coordinator at 303.441.1503 jaustin@bouldercounty.org

Boulder County Circles is helping end poverty, one family at a time. The Circles model focuses on doing "with" not "for". A Circle Leader is the head of a family who has asked for support from their community in order to move out of poverty permanently. Each Circle Leader is matched with 2 or more volunteer "Allies" who are community members interested in developing a relationship with and supporting the Circle Leader as they take steps toward achieving their future life out of poverty. The Ally commitment is about 5 hours a month. It takes a community to end poverty; please consider becoming an Ally. For more information, please contact Jessica Austin at jaustin@bouldercounty.org.

City of Boulder's Parks and Recreation Department

Contact: Bohnet, Cassy, Volunteer Coordinator at 720-456-8069 or BohnetC@bouldercolorado.gov.

Community Food Share

Contact: Nina Stubblebine at 303.652.3663 ext. 202 or nstubblebine@communityfoodshare.org
We are located in Louisville at 650 S. Taylor in the Colorado Tech Center (Cross streets Dillon Rd & 96th). Please visit our website at http://communityfoodshare.org/ for more information. Many volunteer opportunities are available, including:

GROUP volunteer opportunities: Community Food Share relies on the support of groups to help us sort or repackage millions of pounds of food in our warehouse. With the addition of our new repack room we are able to receive more bulk food donations such as cereal, rice, pasta and beans – which then need to be repacked into smaller, more family friendly quantities. Come help weigh out bulk product and repackage it for distribution. Volunteer groups will also assist with making fresh produce bags for families and sorting canned goods. We are in need of groups from 5-40 people. Contact Community Food Share's Volunteer Manager, Nina at 303-652-3663 ext. 202 or nstubblebine@communityfoodshare.org to schedule your group. Most groups come for a 9-noon or 1-4pm session, Monday-Friday.

Driver's Assistants: Assist our staff members as they deliver donations to our partner agencies and pick up grocery store donations. We need volunteers with muscle; must be 17 or older. Hours are 7am - 1pm daily. Contact Volunteer Coordinator, Katy Voldrich at kvoldrich@communityfoodshare.org to schedule.

Food Sorting: Sort daily donations of food; restock our shopper shelves; prepare bags of food for clients; repack bulk donations; clean up. Hours are Mon- Fri. 8:30am to 4pm, with varying shift times. Contact Volunteer Manager, Nina at 303-652-3663 ext. 202 or nstubblebine@communityfoodshare.org to schedule.

Gardening: This opportunity is perfect for individuals, families and groups! Work outside and learn more about gardening. Help support Community Food Share by harvesting donations with Earth's Table, or at other local farms and gardens! We need help gleaning and working in the gardens late March through October. Contact Michele Pelanne to get involved with Earth's Table:

talktoearthstable@gmail.com or 303-661-0110 or Community Food Share's Produce & Gleaning Volunteer Coordinator for all gleaning opportunities – Leigh Pond at lpond@communityfoodshare.org or 510-919-0831

Feeding Families Program: (Wednesday, Thursday and Friday): Volunteers are needed in 3-4 hour increments to restock shelves and assist our clients while they shop in our warehouse. Hours are:

- Any Wednesday from 8:30 am - 4:30 pm
- Any Thursday or Friday from 8:30 am – 2:30 pm

You must wear closed toe shoes or sneakers to work in our warehouse. Children between the ages of 5-14 are welcome to volunteer alongside an adult or a parent. Children younger than 5 years old are not permitted to help in our warehouse due to safety concerns. Ages 15 and older are welcome to volunteer with us independently.

Emergency Family Assistance Association (EFAA)

Contact: Sue McCullough, Community Resources Manager @ 303.951.7663 or sue@efaa.org mailto:sue@efaa.org

EFAA helps those in our community whose immediate needs for food, housing for families, and other basic necessities cannot be adequately met by other means, and supports their efforts toward financial stability or self-sufficiency. For the most up to date volunteer opportunities, please check our website at efaa.org/getconnected. You can fill out the volunteer application form on this website to get started. We provide a great orientation and training so you can make a difference. Some current volunteer opportunities include:

Children's Program Volunteer: Make a difference in a child's life by leading fun activities, assisting with homework and providing children in our short-term & transitional housing units with a stable presence. Must be creative, flexible, responsible, and enjoy kids of all ages. Program takes place weekly from 3:00 - 5:00 pm in Boulder, Lafayette &/or Longmont. Volunteers must be 16 years old. Volunteers 18 and over must pass a background check. Time Commitment: 2 hours per week for at least six months.

Food Bank Walker &/or Stocker: Volunteers are needed to stock & organize shelves, process donations and assist clients through the food bank. These volunteers help families get the food they need within our guidelines. Most immediate volunteer needs are the following shifts: Monday, Tuesday, Thursday & Friday 9:00 – noon and/or 11:30 - 2:30, Wednesdays 2:00 – 5:00. Time Commitment: 3 hours per week for at least three months.

Front Desk Volunteer: Assist EFAA in serving clients in an efficient and effective manner. Greet clients and visitors and assist with directing traffic in our main lobby. Volunteers also help manage wait lists for the food bank, answer incoming phone calls, schedule appointments, help out with intakes and perform general office duties, as needed. Spanish speaking volunteers are needed in addition to English speaking volunteers. Time Commitment: 3-5 hours per week for at least six months.

Faith in Action

Contact: Dr. Jan Davies at 303.666.9312 office, 303.875.2583 cell or jdaviesfia@aol.com

Faith in action matches volunteers with persons of all ages who have a disability, in order for that person to be able to do something in the community that would be impossible without the volunteer. Some training is available for specific tasks. Current needs:

Transportation Help: Do you like to drive? Take a senior to the doctor's office, church, or grocery store. This would be great for a stay-at-home Mom with young children. The children could ride along for this ministry. It would also be great for a retired senior or a parent whose children are in school for the day.

Other Activities: Could be to help with leisure time fun things, such as helping with art projects, or being a buddy at a recreation center, or participate with yard and house help on a one-time basis.

Family Learning Center

Contact: 303.442.8979 (p) or 303.442.0901 (f)

Our Mission: Provide lifelong learning skills that lead to economic self-sufficiency to children and families of limited incomes, in an environment where families feel nurtured, respected, and empowered.

Please visit our website at info@flcboulder.org to learn about ways that you can help.

Flatirons Habitat for Humanity

Contact: 303.447.3787x 231 or volunteer@flatironshabitat.org or Steve at shinson@flatironshabitat.org. To see a current listing of opportunities, visit www.flatironshabitat.org, click on Get Involved.

Flatirons Habitat for Humanity could not build homes without the thousands of volunteers each year who give their time and talents to help. Whether it's swinging a hammer on the construction site or helping in the office or ReStore, volunteers are the foundation of this organization. By volunteering, you can make a difference in a family's life in the Boulder Valley and the City and County of Broomfield! We have opportunities for individuals on and off the construction site.

Construction: Please come and build with us! Construction experience is not necessary, just a willing heart to support our mission of affordable housing. We have new construction, critical home repair and home rehab projects throughout our service area. To view available volunteer opportunities, the website to visit is: flatironshabitat.volunteerhub.com or email us at volunteer@flatironshabitat.org to find out more about our construction projects. Construction opportunities are an 8-hour day commitment, and we build Wednesday - Saturday, depending on the construction site location.

Construction Crew Leaders: If you would like to volunteer on our construction site at least once a month on Friday and/or Saturday, are a natural leader and would like to receive training in all phases of construction, please email us to sign up at volunteer@flatironshabitat.org.

ReStore Volunteer: Come help at our thrift and home improvement center. We are a volunteer powered organization and we need you! Help sort donations, price merchandise and assist customers during this 4-hour commitment, either in the morning or afternoon. Opportunities are available Wednesday- Sunday.

FOCUS Reentry

Contact: info@focusreentry.org, 720-304-6446. For more information visit focusreentry.org

FOCUS Mentoring is an opportunity to build a substantially safer community and offer a single person a chance for a better life. Nearly 65% of people who are incarcerated return to jail within 12 months of their release. FOCUS aims to make Boulder County a safer community by stemming the cycle of crime and imprisonment.

Volunteer Mentors: Volunteer Mentors are paired with men and women from the Boulder County Jail. As a volunteer mentor you are committed to supporting an ex-offender for up to a year. As a volunteer mentor you represent a powerful presence that is non-judgmental and models life skills that encourage pro-health stability and pro-social attitudes. Mentors work to empower, rather than discipline, offenders, and provide them with tools to make a successful and positive reintegration into society.

Mentors: Volunteer mentors receive 17 hours of training as well as ongoing support and training boosters. All clients are screened by Boulder County Jail to maximize the safety of our volunteer mentors. FOCUS staff members and psychotherapists will work directly with mentors and offenders to facilitate the navigation of social services, housing, and employment. Volunteers must be 24 years or older, and willing to make a commitment of 1 to 2 hours a week for 9 to 12 months.

Harvest of Hope Pantry

Contact: Ejaye Gilbert at 720-382-1971; ejaye@hopepantry.org; or visit hopepantry.org

- Shopping assistants: to walk clients through the Pantry, guiding them as they shop and interacting with them. Volunteer times are Monday-Thursday 8:15-10:45am, 12:45-3:15pm and Thursday evening 4:15-6:45pm.
- Inventory assistants: to keep our shelves fully stocked as product moves out with clients. Must be able to lift at least 20 pounds. On Mondays and Thursdays they may also help unload the truck (and may need to lift up to 50 pounds). Volunteer times are generally 8:00-10:00am, 10:00-12:00pm and 12:00-2:00pm (but these times are pretty flexible).
- Communications volunteer: to help with social media content and posts, as well as newsletter content;
- Program volunteer: to help with various program related needs, including pricing out inventory, weighing items, and organizing

- Fundraising/events volunteer: to assist with planning events and/or helping out day-of events, as well as assist with various fundraising activities including grant writing, community partnerships and engagement.

Marisol Health (formerly Real Choices Pregnancy Care Center)

Please contact: Jen Boryla, Volunteer Coordinator
jboryla@marisolservices.com
720-799-9529

Our current needs are:
Volunteers:

- Work on CU's campus to reach students with our services
- Office support and administrative tasks
- Volunteers for public speaking engagements

Volunteer Mentors: **Must have experience as a parent. Couples welcome to mentor couples.

- Mentor one-to-one an expectant mother/father (training & materials required and provided by Real Choices)
- 10-12-week commitment for 1-1.5 hours a week.

Group Events:

- Organize a donation drive- Diapers, wipes, formula, Wal-Mart gift cards for the center.
- Baby Bucks fundraiser- Raise support and awareness at your church or bible study.

Items We Need Donated:

- Baby wipes
- Newborn nasal aspirators (new)
- Baby lotion, shampoo, diaper rash products
- Small items for pampering Mom
- Baby towels/wash clothes (new)
- Book "What to Expect When You're Expecting" by Eisenberg, Murkoff & Hathaway

Meals on Wheels of Boulder

Contact: Volunteer Coordinator's Desk at 303.441.3908, info@mowboulder.org, or completes an on-line application at www.MOWBoulder.org. We deliver to clients in the city of Boulder (including Gunbarrel) only.

Drivers & Substitute Drivers: Deliver meals weekdays (11:00 a.m. – 12:30, although times vary according to route). Drivers must provide a car and be at least 21. This could be a once a week commitment or one to two times per month. Groups are also welcome to share a route and rotate weekly.

Packers: Early morning packers (7:30 a.m. - 9 a.m.), lunch packers (9:30 a.m. - 11:30 a.m.) once per week or as an occasional substitute.

Servers: Lunch servers (11:00 a.m. - 1:00 p.m.) once per week or as an occasional substitute.

Tuesday Evening Dishwasher: 18 years old or above, able to lift at least 30#, from 5:00 - 7:30 p.m. on Tuesdays. We arrange a substitute when necessary.

Friday Lunch Cashier: 18 years old or above, from 11:20 a.m. – 12:45 p.m.

Friday office assistant: Help office staff with tasks. 10:00 a.m. – 12:00 p.m.

Mother House

Contact: Coreen Schmidt, Executive Director at 303.447.9602, or coreen@mother-house.org. Please view our web site to learn more about Mother House at www.mother-house.org.

Board of Directors: Mother House welcomes new board members who are interested in goal setting and planning activities that promote and support the Mother House program. Said meetings are held on the third Tuesday of each month, for 1.5 – 2.0 hours, at 3pm at First Presbyterian Church.

Volunteers: Mother House is in need of mentors for the Big SIS (Simply Incredible Support). This person would become a mentor to a pregnant woman staying at our residence, offering a minimum of 2 hours per week. We are also in need of a small group to join our Supper Club; cooking and eating a meal with residents on the first Monday of the month. You could volunteer for one month or more. We are also in need of house and yard volunteers who would help with raking leaves, snow shoveling and other small projects needed at the facility.

Fundraising: We welcome volunteers to assist with fundraising projects. Please contact our director for more information on scheduled events.

Speakers: Mother House is also looking for speakers to present helpful topics to the residents for the Monday Night Meeting. Speakers would cover various topics that apply to a homeless and pregnant woman about to become a single parenting mother. Example: Parenting skills, child safety in the home, housing programs, budgeting, writing a resume, how to apply and interview for a job, budgeting, legal advice/family law, nutritious meal planning, low budget meal planning, college, transitional housing.

Needs: We are in daily need of toilet tissue, Kleenex and paper towels. We also need household cleaning products, laundry pods, fabric softener sheets, and non-perishable foods. Newborn and Size 1 and 2 disposable diapers, baby wipes for our newborns and local store gift cards for individual needs are very appreciated. See a list of daily needs and our wish list on the website and newsletter. Please call Mother House with questions and to confirm a time for drop off.

Respite & Companion Volunteer Program

Contact: Program Coordinator at 720.864.6526 or infoRespite@bouldercounty.org

Volunteers are matched one-on-one with older adults who are experiencing isolation or some degree of compromised health. The older adults either live alone or with family caregivers. During weekly two-hour visits, volunteers find many ways to make a meaningful difference in the lives of the older adults they visit. As appropriate, the volunteers and their partners may share conversation, take a walk, enjoy social outings, go shopping, run errands, or simply enjoy the pleasure of each other's company. If the older adult lives with a family caregiver, your visits enable that person to take a much-needed break. Adult volunteers, male and female, are sought throughout the county. To learn more, call 720.864.6526 or email infoRespite@bouldercounty.org.

Sister Carmen Community Center

Contact: Ann Huggins, 303.665.4342 x142 or ann@sistercarmen.org.
Volunteer orientation and department trainings are required.

Thrift Store: Greet thrift store patrons and make them feel welcome. Stock and tidy shelves; restock misplaced items, customer service help. Organize books, linens, clothing items, or aide in the checkout process at the register. Assist at our jewelry counter.

Donations: Manage our donations by unpacking, sorting, hanging and stocking all incoming donations in our thrift store, and thanking donors.

Food Bank: Restock shelves with incoming donations; put away daily deliveries, pack bulk quantities into smaller packages, assist participants with food bank shopping.

Office Help: Front desk reception, take incoming calls, copies, faxing, outgoing donor thank you calls, mailings, filing, data entry, etc.

Garden: Help in our garden from April to October with planting, watering, weeding, harvesting, and more.

Donations Driver Helper: Help our driver pick up household donations and deliver to our thrift store for sale.

Food Drive Assistant: Food drives are always needed. Please contact us to see how you can help!

St. Benedict Health and Healing Ministry

Contact: Rev. Sally Bowersox, Executive Director, at 303.380.3132 or Sallyann.bowersox@gmail.com

The Free Clinic is in need of: physicians, nurse practitioners, and registered nurses. In addition we need: Bilingual Spanish translators and people with experience in marketing and bilingual/bicultural communities. Seeking Board Members.

Via Mobility Services

Contact: Liane Shaffer, Volunteer Coordinator at 303-444-3069 or lshaffer@viacolorado.org.
Please visit our website @ www.viacolorado.org for more information.

Via Mobility Services' mission is to promote independence and self-sufficiency for people with limited mobility by providing caring, customer-focused transportation options. We envision a future where all people, regardless of age, health, disability, or ethnicity have easy access to the mobility options they need to enhance their independence and quality of life.
We are seeking volunteer drivers to drive our Prius vehicles. Volunteer Drivers may also assist those over age 60 to their medical or community appointments. Choose your schedule! To apply for a volunteer driver position, please contact Liane Shaffer.

Voices for Children CASA of Boulder County

Contact: Nia Wassink, Executive Director at 303.440.7059 or info@vfccasa.org

Mission: Voices For Children CASA (Court Appointed Special Advocate) is a non-profit agency that provides trained, court-appointed volunteers who advocate for abused and neglected children in Boulder County. If you would like to learn more about Voices for Children CASA and how you can help personally, please contact the agency office or visit the web site at www.vfccasa.org. There are several ways that the agency can use your participation.

Board Members: A community-based board of directors directs the agency. VFC CASA is always looking for individuals who are interested and willing to serve on the board. The board meets once a month and each board member also participates in 1-2 working committees. The average time commitment is approx. 5 hours per month.

CASA Volunteers: Each year Voices for Children recruits passionate volunteers who want to become powerful advocates for children who have been abused as CASAs. There is a thorough screening procedure. If accepted, each volunteer receives a 40-hour training course prior to the assignment of a case. Once assigned to a case, the average time commitment is approx. 10 -12 hours per month.

Light of Hope Luncheon: This annual fundraiser introduces people to the work of CASAs through stories from the organization, volunteers, and a former CASA child. Table captains are needed who will invite eight friends to attend the luncheon, held every fall, to learn more about Voices for Children CASA. There is no charge for the event. More information about becoming a table captain or attending can be found on our website at www.vfccasa.org.

VOICES Ambassadors: If you can't be a CASA but would like to help in other ways, apply to become an Ambassador. Ambassadors help with clerical needs, work at the tables at fairs, serve on committees, and other opportunities. Contact us at www.vfccasa.org for an application.